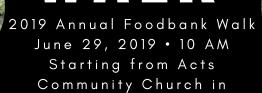
foodbank

Banc Bwyd Rhondda

Join us for a

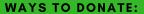
## SCENIC WALK



Tylorstown

A moderate walk showcasing the beauty of the Upper Rhondda About 5 miles circular route including river, lake and mountain walks.





£10 Reg fee on the day or Sponsorship (download forms from website)

BT Mydonate (search for Rhondda Foodbank)



